

Maria Christopoulou completed her studies in Clinical Nutrition & Dietetics in the Robert Gordon University, Aberdeen, Great Britain, in 2004, and is currently a holder of a Clinical Dietetics/Nutrition License in Greece.

She worked in the King's College Hospital, London, as well as in other central hospitals of Wales and England, as a part of practice placements. In Greece, she has worked in two nutrition companies in Piraeus and Athens (2005/2006).

From 2006 until 2009 she gained experience as a clinical dietitian at the "Henri Dunant" Hospital, where she had the opportunity to follow patients with a great range of clinical cases.

Moreover, she was the head of the outpatient clinic for treating obesity and diabetes mellitus.

Since November 2009 she is a member of ANASA's scientific team for the treatment of eating disorders