

Iris Chatzitzanou
Psychologist
Family and Group Psychotherapy

Iris was born in Athens in 1979. She studied Psychology at Panteion University (Athens) and graduated in 2002 after having submitted her thesis involving men's violence towards their spouses and the changes that must be done in the nature of relevant programs/structures. Her clinic practice took place in the Psychiatric Department of Sismanoglion General Hospital.

After her bachelor of science in Psychology, she specialized in a 4-year-program of training as a Systemic Psychotherapist at the Institute of Studies of Human Relations. During her training, she completed her personal psychotherapy in a group (2009).

From 2003 and for 6 years, worked as a consultant and trainer at "*Second Chance Schools*" and as a co-ordinator at "*Schools for Parents*", (european educational programs in Life-long Learning of the Greek Ministry of Education) having thus important experience in Educating and Consulting Adults. In 2006, she gave a speech -with experiential approach and public participation- about protecting ourselves with the title "*Boundaries and claims in our life*", at one of the scientific congresses in Life-long Learning in Athens.

She really believes in life-long learning and has taken part at a number of nationwide and international conferences, seminars and trainings in various topics of psychological health and psychotherapy. At this time, she's a postgraduate student in "*Management in Health Care Services*" at the Greek Open University.

From December 2009 is a member of the scientific group of ANASA.