

Serra Sofia was born in Athens in 1978. She is a psychologist. She graduated from Panteion University, department of Psychology (in 2001). She completed a D.E.A. in clinical psychology –“Psychoses and borderline states”- in the Doctoral School of Psychoanalytic Research of Paris 7<sup>th</sup> University – Denis Diderot (2003). During her postgraduate studies her research focused on affective disorders and she worked with adult people suffering from depression (“Melancholia, emotional emptiness and its suicidal profile”).

She has clinical experience in Psychiatric settings concerning both adults and adolescents. She was trained in the Department of Adult Psychiatry of the “G. Gennimatas” G.H. and also in the Short Stay Unit of the Aiginiteion Hospital. Moreover, she has been trained in the Department of Adolescent and Young Adult Psychiatry of the “G.Gennimatas” G.H.

Sofia also undertook a three-year training program in “Basic Principles in Psychoanalytic Psychotherapy”organized by the Mental Health Institute for Children and Adults and is also trained in the Projective Tests T.A.T. and Rorschach Inkblot Test, offered by the Association for the Psychosocial Health of Children and Adolescents.

She has worked with children and adolescents in school community and in special school units as well as in the Prison of Koridallos -Department of Women prisoners- as an adult educator working in groups and providing psychological counseling to women with severe psycho-social problems.

From September 2009 she is a scientific member of ANASA.