Yanna Markopoulou is a trained psychologist. Started her studies at the U.K, she finished her bachelor's degree in psychology as well two masters (MA and MSc). Following her training she worked at the NHS and got her accreditation.

She is a certified psychologist and has worked in psychiatric hospitals in Greece, as well as in public and private sector. She is also in private practice as a psychotherapist and psychoanalyst while she is training in the Hellenic Psychoanalytic Society. Over the last decades she has followed and participated in numerous conferences.