**Michalis Makrovasileiou** is a Psychologist and Systemic Psychotherapist. He studied Psychology at the University of Athens and continued his studies at King’s College London in Child and Adolescent Mental Health. He remained in London, where he worked in Special Education schools with children on the autism spectrum.

His desire to work more holistically led him to complete his training in Family Therapy in 2019 at King’s College London, which helped him develop important theoretical knowledge and clinical skills to work systemically with families, couples, and individuals. During his training, he participated in Family Therapy Clinics within NHS settings, where he provided psychotherapeutic interventions to families of children facing behavioral difficulties, neurodevelopmental diagnoses, self-harm, and suicidal ideation, as well as with families of adults with Eating Disorders.

He worked as a Systemic Psychotherapist in London’s Social Services, where he provided systemic interventions for the clinical assessment and support of families with emerging difficulties such as behavioral problems, breakdown of family relationships, divorce, school refusal, child exploitation, bereavement, and families with a history in social services, intergenerational trauma, and more complex challenges and risks. He also provided interventions and organized Non-Violent Resistance (NVR) parenting groups, supporting parents dealing with destructive and self-destructive behaviors in their children, at risk of family breakdown or foster care placement.

In addition, he has supported the training offered by the Centre for Systemic Social Work and the Institute of Family Therapy to Social Services staff for integrating systemic ideas and practices into their work with families.

He currently works at the "Anasa" Day Center, supporting individuals with Eating Disorders, while also practicing privately as a Psychologist – Systemic Psychotherapist.